

The G & Q Project Team

...is planning a winter project - The January Blues

A 'Warm Space' in Methven Hall 3 days per week for 2 hours during the month of January. The days are likely to be Sunday, Monday and Thursday.

Who for? Anyone

Why? People might be struggling to pay for a whole day's heating in their own homes, or avoiding using fuel to make a hot meal, or simply be in need of social contact.

Food Hot soup and crusty bread, hot drinks and biscuits will be provided free of charge.

Music This is the Blues part. We hope to encourage people to bring their musical instrument along and play to a small audience. No electric instruments or mics. There will also be background blues/ light jazz music playing quietly.

Scrabble, jigsaws, chess etc will be available.

Volunteers – We need **soupmakers**. Anyone, particularly those with Food Hygiene certificates, who is able to make soup in the church kitchen, will be very welcome.

Even if you can only manage once over the month, we'd be grateful for your help.

We need **servers** – three per session. Again, if you can commit to helping out on one or two occasions, this would be most valuable.

We also need **knitters**. The attendees will have lap blankets to use in the hall and can take them away if they wish, so we may need quite a lot of blankets. If you can help, aim for a 30" x 36" blanket, any pattern you like. 6-inch squares, 32 stitches on size 8 in DK are ideal. Please do not buy new wool – use anyone's stash, charity shop or rip down a wool jumper and create a lovely cosy lap blanket. Something like this...



G & Q team will be making heat bags with donated wheat from a Fife farmer and fabric from Rejects .

Purpose To Warm People, Inside and Out.

Please consider helping if you can. Speak with Pat Beveridge, Margaret Philp, Liz Dall, Rona Traill or Dianne Waddell or text 07980367632 for more information.

Thank you everyone