CROSSREACH

Care you can put your faith in

CrossReach

eNewsletter

September 2020

Dear Robin,

CrossReach couldn't do what we do without your support.

Here's some information about what's going on in CrossReach to keep you up to date with what's happening, and how you can get involved.



A personal invitation to you

Dear Robin,

We invite you to a virtual "meet the service" event on

Wednesday, September 30th at 10.30 a.m.

when we are hosting a live webinar from CrossReach's Morven Day Service in Kilmarnock.

Morven provides community support for people living with mental health issues.

During the Coffee @Morven event, you will have a chance to:

learn more about the service.

have a tour of the facility,

take part in a ten minute craft class,

hear how Morven has changed and adapted during Covid-19

and have your questions answered by Allan Marshall, Deputy Manager of Morven.

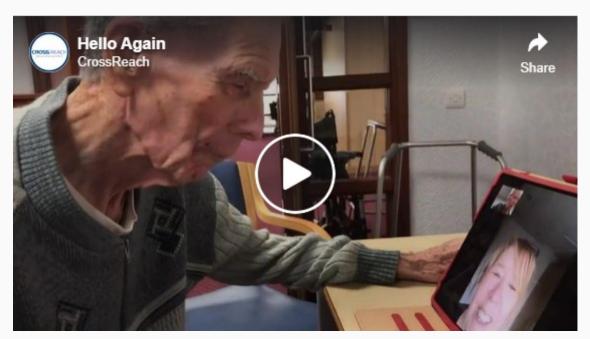
You will also meet and hear from some of our service users and there may be a little music on the day too. The whole thing should last just over an hour.

You can do all this from the comfort of your own PC, laptop, tablet or phone whilst

enjoying a cup of your favourite coffee (or tea).

Book your place <u>HERE</u> for what promises to be a fun and engaging event.

Watch the introductory video **HERE**



Hello again, Hello

During the Covid Lock-down, it was especially difficult for residents of our Care Homes and their families to stay in touch.

Thanks to the amazing response of our supporters to the Covid-19 Emergency Appeal, CrossReach were able to equip many of our Care Homes with electronic tablets. This means families can stay in touch with each other.

The Scottish Social Service Council picked up on one of the videos of what this meant to families.

Watch the video <u>HERE</u> to see Mr Tonner from St Margarets Care Home in Polmont sing to his daughter online when visits to Care Homes were not possible.

Warning: it's quite a tear jerker!





Christmas Card and Calendar Collection 2020

A Christmas card is a perfect way to stay in touch, possibly with people you haven't seen face to face for a while due to Covid-19 restrictions. It's a lovely way to let

them know you are thinking of them.

By buying your Cards and Calendars from CrossReach, you are receiving beautiful, high quality cards at reasonable prices to bless family and friends with, and you are being part of the great mission of CrossReach to "seek to support people to achieve the highest quality of life which they are capable of achieving at any given time." This is because all the profits CrossReach receive from the sale of Cards and Calendars from this Catalogue goes to help CrossReach's caring work across Scotland.

To make sure you don't miss out on these wonderful Christmas Cards or Calendars, email us at webshop@crossreach.org.uk or call us on 0131 454 4374 to get your copy of the Christmas Card and Calendar Catalogue 2020.

To place your order NOW, click HERE.



Funding for Moray Perinatal Service

We are delighted to have received funding from the Perinatal and Infant Mental Health Fund to develop CrossReach's Perinatal service in Moray.

We look forward to continuing our relationship with our partner organisations and thank Inspiring Scotland for their ongoing support of CrossReach Perinatal Services.

To learn more about our Perinatal services, see <u>HERE</u>.



Supporting CrossReach

What do the following have in common?

- Families at Perth Prison Visitor's Support and Advice Centre
- Mums and Dads at CrossReach's Perinatal Mental Health centres
- Children with alcohol issues and other trauma at home
- Adults needing counselling after a lifetime of drug use
- Children living in poverty helped through Daisy Chain in Govanhill
- Adults needing support for mental health issues

Yes, they are all services CrossReach provide, but more than that: none of them

are quick fixes. They take time, and money, to provide the loving care that's needed to make the change.

You can be part of the change.

Call us now on 0131 454 4374 to find out about making a regular, ongoing donation to CrossReach to make an ongoing change.

Internet Banking

If you are sending CrossReach a donation via internet banking, you will be asked the name of the account you are transferring the money to, which is CROSSREACH DIR DON

Call us on 0131 454 4374 for full information.

We've been paid!

We've recently been paid by easyfundraising! Thanks to everyone who's raised money for us using this simple way to raise funds for CrossReach while you shop on-line.

If you're not supporting CrossReach this way, please sign up now. It takes two minutes and 4,200+ shops will donate to us for free every time you shop with them! Visit: https://www.easyfundraising.org.uk/causes/crossreach
Thank you.

and finally...

Thank you for your ongoing support for CrossReach as, together, we; continue providing loving care,

continue providing care you can put your faith in, and continue seeking to improve the future for so many people across Scotland.

Pete Cuthbertson

Donor Partnership Officer

